DESK COHORT

Overall Results
Number of participants: 1.512 (649 boys and 863 girls)
Cours: 2nd of Baccalaureate
Survey administration cours: 2019-2020

GENERAL HEALTH

% of people who perceive their health as excellent or very good

Boys 66,6%
Girls 47,1%

Boys 45,5
Girls 18,4

% of people who have a mood above the average mood of DESKcohort adolescents'
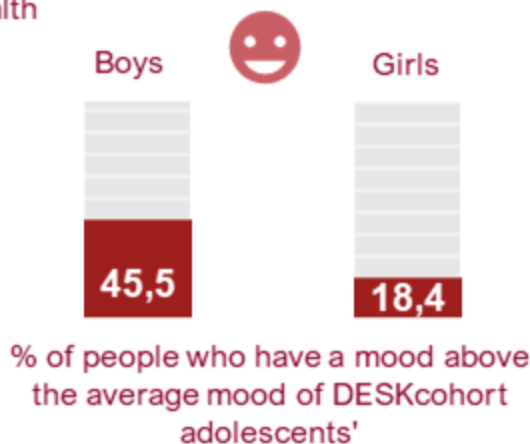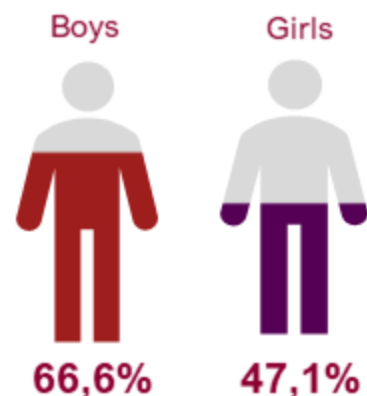
% of people with a Body Mass Index (BMI) within normal range

86

CONSUMPTION OF ADDICTIVE SUBSTANCES

The average age at which people start smoking

Boys 14,8
Girls 14,8

% of people who smoke every day

Boys 10,8%
Girls 13%

The average age at which people start drinking alcohol

Boys 14,6
Girls 14,5

% of people who make a risky consumption of alcohol[1]

Boys 52,2%
Girls 48,1%

[1] Risky consumption of alcohol: score of 3 or more on AUDIT test

The average age at which people start smoking cannabis

Boys 15,5
Girls 15,6

% of people who make a risky consumption of cannabis[2]

Boys 4,9%
Girls 2,6%

[2] Risky consumption of cannabis: score of 7 or more on CAST-F test
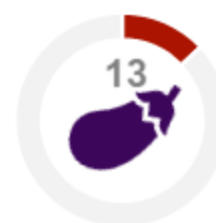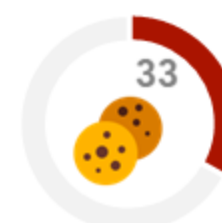
NUTRITION

% of people who eat fruit more than once a day

26

% of people who eat vegetables more than once a day

13

% of people who do not eat pastries or eat occasionally

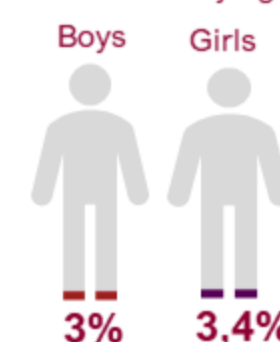33

% of people who do not drink soft drinks or drink occasionally
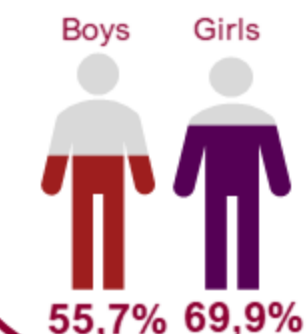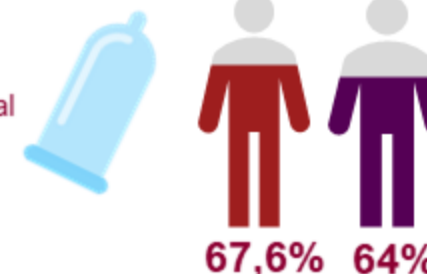
49

PERSONAL AND AFFECTIVE RELATIONS

% of people who have done bullying

Boys 2,4%
Girls 0,7%

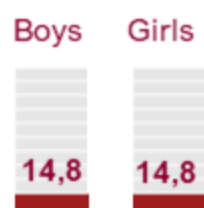% of people who have suffered bullying

Boys 3%
Girls 3,4%

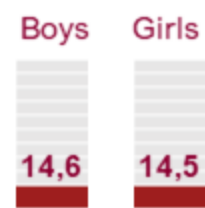% of people who always use a condom when they have sexual relations (Boys= 253; Girls= 397)

Boys 67,6%
Girls 64%

% of people who are satisfied with their sexual life

Boys 55,7%
Girls 69,9%

PHYSICAL ACTIVITY

% of people who do moderate or vigorous physical activity for at least 1 hour per day

Boys 54%
Girls 27,5%