

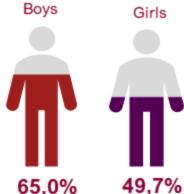
Overall Results of Anoia

Number of participants: 1.427 (660 boys and 767 girls)

Survey administration cours: 2019-2020

GENERAL HEALTH

% of people who perceive their health as excellent or very good



Girls

% of people with a Body Mass Index (BMI) within normal range



the average mood of DESKcohort adolescents'

% of people who have a mood above

CONSUMPTION OF ADDICTIVE SUBSTANCES



The average age at which people start smoking

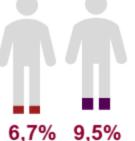
> Boys Girls



% of people who smoke every day

Bovs

Girls



58,8

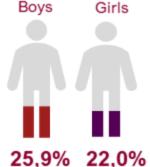
The average age at which people start drinking alcohol

> Girls Boys



13,8

% of people who make a risky consumption of alcohol1



1 Risky consumption of alcohol: score of 3 or more on **AUDIT** test

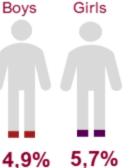
The average age at which people start smoking cannabis

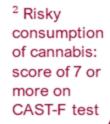
Boys



% of people who make a risky consumption of cannabis²

Bovs





NUTRITION

% of people who eat fruit more than once a day



% of people who eat vegetables more than once a dav



% of people who do not eat pastries or eat occasionally



% of people who do not drink soft drinks or drink occasionally



PERSONAL AND AFFECTIVE RELATIONS

% of people who have done bullying

Girls Boys

5.2%

% of people who have suffered bullying Girls Boys 8,2%

% of people who always use a condom when they have sexual relations (Boys= 123; Girls= 154)



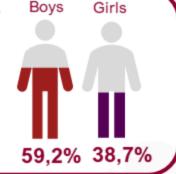
Girls Boys 63,5% 70,4%

% of people who are satisfied with their sexual life

PHYSICAL ACTIVITY

% of people who do moderate or vigorous physical activity for at least 1 hour per day





Sub-direcció General de Drogodependències



Salut/Agència de Salut Pública de Catalunya











