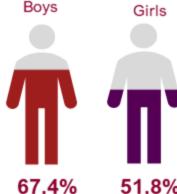
Number of participants: 2.503 (1.226 boys and 1.277 girls)

Survey administration cours: 2019-2020

GENERAL HEALTH

% of people who perceive their health as excellent or very good



Boys

60,1

Girls

% of people with a Body Mass Index (BMI) within normal range



51.8%

% of people who have a mood above the average mood of DESKcohort adolescents'

CONSUMPTION OF ADDICTIVE SUBSTANCES

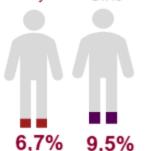


The average age at which people start smoking

> Girls Boys 13,8 13,9

% of people who smoke

every day Bovs Girls



The average age at which people start drinking alcohol

> Girls Boys 13,4 13,8

% of people who make a risky consumption of alcohol1

1 Risky

consumption

score of 3 or

of alcohol:

more on

AUDIT test

Boys Girls 24,7% 20.6%

36.5

The average age at which people start smoking cannabis

> Boys Girls 14,6

% of people who make a risky consumption of cannabis²

Girls Bovs 3,1% 4.6%

² Riskv consumption of cannabis: score of 7 or more on CAST-F test

NUTRITION

% of people who eat fruit more than once a day



% of people who eat vegetables more than once a dav



% of people who do not eat pastries or eat occasionally



% of people who do not drink soft drinks or drink occasionally



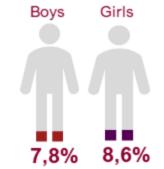
PERSONAL AND AFFECTIVE RELATIONS

% of people who have done bullying

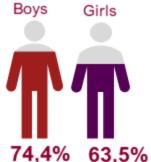
Boys Girls

2.2%

% of people who have suffered bullying



% of people who always use a condom when they have sexual relations (Boys= 203; Girls=277)



Girls Boys

% of people who are satisfied with their sexual life

Boys

66,9% 70,7%

PHYSICAL ACTIVITY

% of people who do moderate or vigorous physical activity for at least 1 hour per day





Girls

Sub-direcció General de Drogodependències



Salut/Agència de Salut Pública de Catalunya











