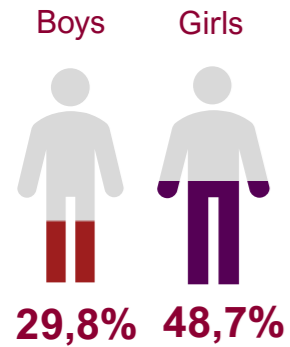
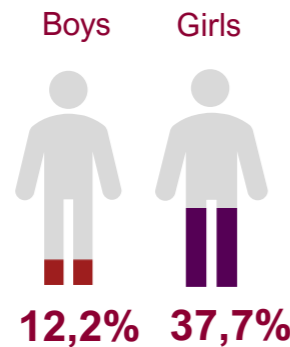


GENERAL HEALTH

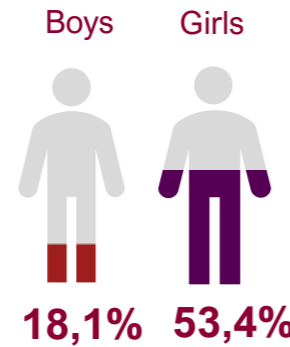
% of people that do not perceive their health as excellent or very good



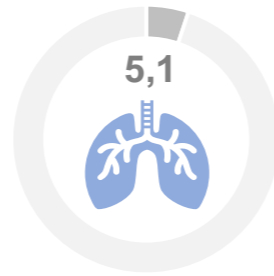
% of people that have emotional distress ¹



% of people that believe that their mental health has worsened since COVID -19



% of people suffering of asthma

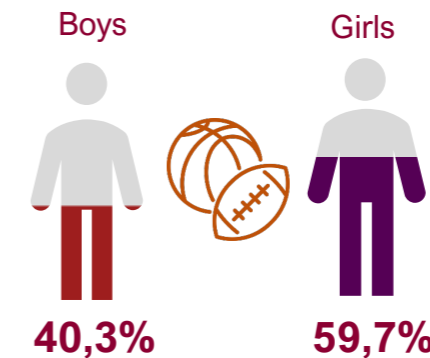


% of people with obesity according to BMI



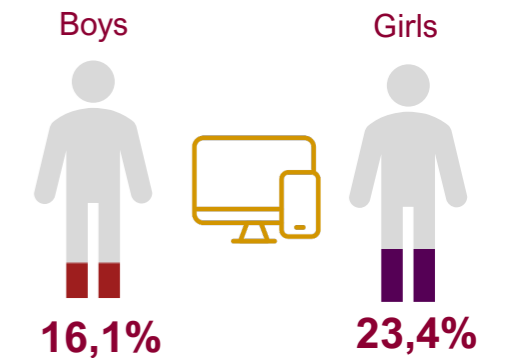
PHYSICAL ACTIVITY

% of people who do not follow the WHO physical activity recommendations



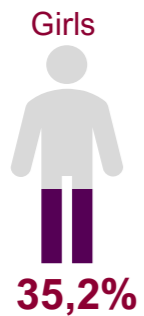
USE OF DISPLAYS

% of people who make problematic use of digital entertainment ³

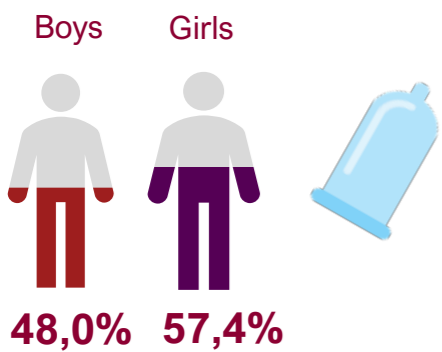


SEXUAL AND REPRODUCTIVE HEALTH

% of girls who suffer from menstrual cramps on a regular basis tenen la regla (n=310)

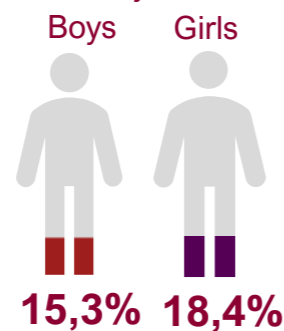


% of people that do not always use a condom when having anal or vaginal penetrating sex (Boys= 50; Girls= 61)

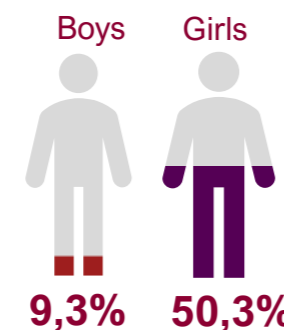


INTERPERSONAL RELATIONS

% of people who report having suffered from bullying in the last year

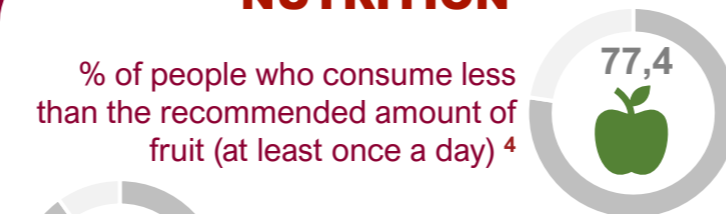


% of people who report having suffered sexual violence (13 boys and 6 girls prefer not to answer)

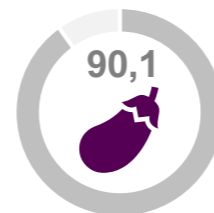


NUTRITION

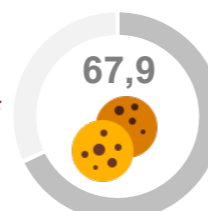
% of people who consume less than the recommended amount of fruit (at least once a day) ⁴



% of people who consume less than the recommended amount of vegetables (at least once a day)



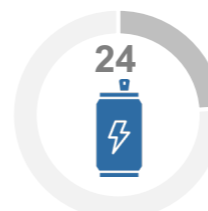
% of people who consume more than the recommended amount of pastries (maximum once a week)



% of people who consume more than the recommended amount of soft drinks (maximum once a week)

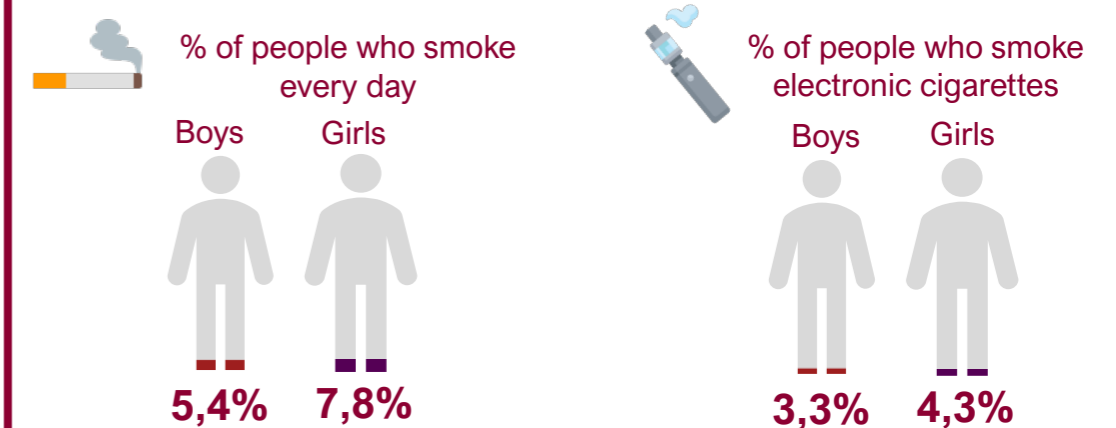


% of people who consume more than the recommended amount of energetic drinks (maximum once a week)

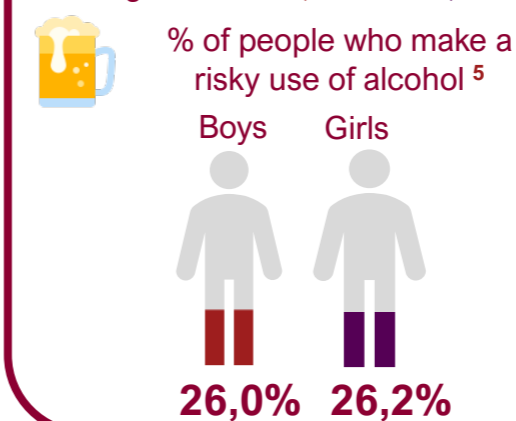


USE OF ADDICTIVE SUBSTANCES

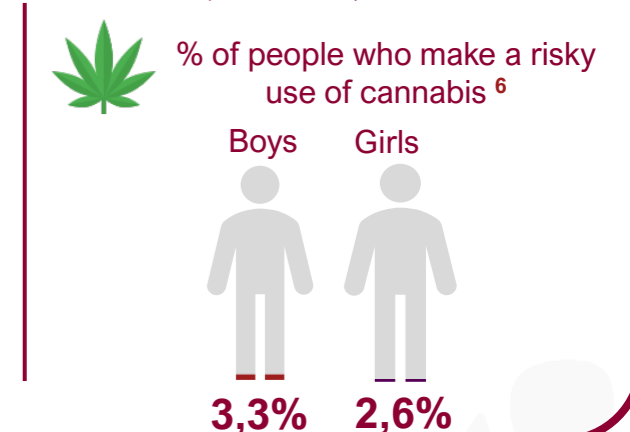
Average age at which people start smoking 14,0 and 13,8



Average age at which people start drinking alcohol 13,6 and 13,9



Average age at which people start smoking cannabis 14,8 and 15,0



¹ Emotional Distress: Score of 44 or less on the WEMWBS test. ² World Health Organization criteria: strenuous or moderate physical activity at least one hour a day. ³ Problematic use of digital entertainment displays: Score of 28 or more on the CIUS test. ⁴ According to Healthy Eating Index for the Spanish population. ⁵ Risky use of alcohol: Score of 3 or more on the AUDIT-C test. ⁶ Risky use of cannabis: Score of 7 or more on the CAST-F test.